



**PHILIPPINE HEART CENTER**  
*Education Training & Research Services*  
 Medical Education Division

*Your brand of choice for  
 Life-Saving Courses.*

# 2020 Training Calendar



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## Basic Life Support (BLS)

The goal of the BLS for training Healthcare Providers' Course is to train and retrain them to save victim's lives in cardiac arrest, following the chain of survival including high quality cardiopulmonary resuscitation (CPR). The American Heart Association designed the BLS for Healthcare Providers (Training Course) to prepare them to know how to perform CPR in both in-and out-of-hospital settings. This course trains participants to promptly recognize cardiac arrest, give high-quality chest compressions, deliver appropriate ventilations, and provide early use of an automated external defibrillator (AED), as member and part of a team.

The BLS course has no prerequisite and it is limited to 24 participants. Each participant shall pay the fee of P2000 (for non PHC staff), P950 (for Government employee) and P230.00 (for PHC staff) upon registration. As per AHA rule (one student, one manual policy) each participant is REQUIRED to have a printed manual or ebook before going to class. They can purchase either;

1. Ebook \$13.25 (P770.00)
2. Printed manual (P1,150.00) each.

The recommended 2-year interval represents the current administrative requirement.

## Advanced Cardiac Life Support (ACLS)

The Advanced Cardiac Life Support (ACLS) Training Course is designed for healthcare providers who either direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies.

ACLS is open to all currently active healthcare provider whose daily occupation or volunteer activities demand proficiency in the knowledge and skills of ACLS. Providers who take the ACLS Training Course must have a certification for BLS CPR skills using 2015 guidelines.

The ACLS course is limited to 24 participants. Each participant shall pay the fee of P4000 (for non PHC staff), P1250 (for Government employee) and P270.00 (for PHC staff) upon registration. As per AHA rule (one student, one manual policy) each participant is REQUIRED to have a printed manual or ebook before going to class. They can purchase either;

1. Ebook \$36.95 (P1,959.00)
2. Printed manual (P2,8750.00) each.

The recommended 2-year interval represents the current administrative requirement.

## Pediatric Advanced Life Support (PALS)

In the Pediatric Advanced Life Support (PALS) Course, you will reinforce and enhance your skills in the treatment of pediatric arrest and peri-arrest patients through active participation in a series of simulated pediatric emergencies. These simulations are designed to reinforce the important concepts of a systemic approach to pediatric assessment, basic life support, PALS treatment algorithms, and effective resuscitation team dynamics.

The PALS Training Course is designed for healthcare providers who deliver advanced life support during the initial phase of a pediatric emergency, either in or out of the hospital.

Participants must prepare adequately to successfully complete the PALS Training Course. These course does not teach BLS skills, interpretation of rhythm strips, or basic PALS pharmacology. Thus, before taking the course, participant must already certified in BLS skills using the 2015 guidelines.

The PALS course is limited to 24 participants. Each participant shall pay the fee of P4000 (for non PHC staff), P1250 (for Government employee) and 270.00 (for PHC staff) upon registration. As per AHA rule (one student, one manual policy) each participant is REQUIRED to have either a printed or an ebook manual on or before the training schedule. They can purchase either for:

1. Ebook \$39.50 (P2,240.00).
2. Printed manual (P3,500.00) each.

The recommended 2-year interval represents the current administrative requirement.

## Basic ECG and Arrhythmia Recognition Course

Program for Basic ECG and Arrhythmia Recognition Training Course includes comprehensive lectures in the morning and workshop in the afternoon by our qualified cardiology fellows and consultants culminated by a practical and/or written examination at the end of the day. This course can prepare the students in the Advanced Cardiac Life Support Training Course.

This course is open to all healthcare providers such as physicians, nurses, emergency technicians, paramedics, respiratory therapists and other professionals who are interested in ECG identification and who are working in the critical care areas, emergency and Telemetry departments.

Basic ECG course has no prerequisites. It is limited to 60 participants. Each participant shall pay the fee of P2700 (for Non PHC Staff) P1000 for Government Employee and FREE of charge for PHC Staff. Each participant will be given a manual upon registration, and it is included on the registration fee. Each PHC staff shall pay P500 for the manual.

## CPR for Family and Friends (FnF)

The **Family & Friends CPR** Course teaches the lifesaving skills of adult Hands-Only CPR, adult CPR with breaths, child CPR with breaths, adult and child AED use, infant CPR, and mild and severe airway block for adults, children, and infants. Skills are taught in a dynamic group environment using the AHA's research-proven practice-while-watching technique, which provides students with the most hands-on CPR practice time possible.

The CPR for Family and Friends is limited to 30 participants. This course is free for PHC staff and P500.00 shall be collected for non PHC staff.

January	February	March
1	1	1
2	2	2
3	3	3 BLS
4	4 BLS	4
5	5	5 ECG
6	6 ECG	6
7	7 FnF	7
8	8	8
9 ECG	9	9
10	10	10 BLS/ACLS
11	11 BLS/ACLS	11 ACLS
12	12 ACLS	12
13 BLS	13	13 FnF
14 PALS	14	14
15 PALS	15	15
16	16	16
17 FnF	17 BLS	17
18	18	18
19	19	19
20	20	20 BLS
21	21 FnF	21
22	22	22
23	23	23
24	24	24 BLS/ACLS
25	25	25 ACLS
26	26 BLS/ACLS	26
27	27 ACLS	27 FnF
28	28	28
29		29
30		30
31 FnF		31

April	May	June
1	1	1
2 ECG	2	2
3 FnF	3	3 BLS
4	4	4
5	5 BLS	5 ECG
6	6	6
7 BLS	7 ECG	7
8	8 FnF	8
9	9	9 BLS/ACLS
10	10	10 ACLS
11	11	11
12	12 BLS/ACLS	12
13	13 ACLS	13
14 BLS/ACLS	14	14
15 ACLS	15	15 BLS
16	16	16
17 FnF	17	17
18	18 BLS	18
19	19	19 FnF
20 BLS	20	20
21	21	21
22	22 FnF	22
23	23	23 BLS/ACLS
24 BLS	24	24 ACLS
25	25	25
26	26 BLS/ACLS	26 FnF
27	27 ACLS	27
28	28	28
29 BLS/ACLS	29 BLS	29
30 ACLS	30	30 BLS
	31	

July	August	September
1	1	1 BLS
2 ECG	2	2
3	3	3 ECG
4	4 BLS	4
5	5	5
6 BLS	6 ECG	6
7	7 FnF	7
8	8	8 BLS/ACLS
9	9	9 ACLS
10 FnF	10 BLS	10
11	11	11 FnF
12	12	12
13	13	13
14 BLS/ACLS	14 BLS	14 BLS
15 ACLS	15	15
16	16	16
17 BLS	17	17
18	18	18
19	19	19
20 BLS	20	20
21	21	21
22	22	22 BLS/ACLS
23	23	23 ACLS
24 FnF	24	24
25	25	25 FnF
26	26 BLS/ACLS	26
27	27 ACLS	27
28	28 FnF	28
29 BLS/ACLS	29	29 BLS
30 ACLS	30	30
31	31	

October	November	December
1 ECG	1	1
2 FnF	2	2
3	3	3 ECG
4	4	4 FnF
5	5 ECG	5
6 BLS/ACLS	6 FnF	6
7 ACLS	7	7
8	8	8
9 BLS	9	9 BLS/ACLS
10	10 BLS/ACLS	10 ACLS
11	11 ACLS	11 FnF
12 BLS	12	12
13	13 BLS	13
14	14	14
15	15	15
16 FnF	16 BLS	16
17	17	17
18	18	18
19	19	19
20 BLS/ACLS	20 FnF	20
21 ACLS	21	21
22	22	22
23	23	23
24	24 BLS/ACLS	24
25	25 ACLS	25
26	26	26
27	27 BLS	27
28 BLS/ACLS	28	28
29 ACLS	29	29
30	30	30
31		31